

## **Feng Shui Your Sex Life**

- Dr. Yvonne K. Fulbright & Danielle Cavallucci

Ask most Westerners about Feng Shui, and you're lucky to receive a vague description of some "funny" Asian practice that seems to be the latest trend in interior decorating – something having to do with rearranging your furniture, lighting love candles, and knowing how to work with colors. At least, most hope that's what this impossible-to-pronounce practice is all about.

Intimidated by what seems to be a confusing, overwhelmingly complex, and seemingly mystical study of the inner spaces of homes, gardens, and offices, many Westerners forego the opportunity to enjoy the significant benefits Feng Shui can have on their lives, sex lives, and general sense of well-being. The major mon dieu: too many miss out on the rewards of Feng Shui, all of which result in a simple, balanced, serene, and abundant life.

Given the very Western notion that energy manipulation is a 'soft' science at best, it's not surprising that many shy away from Feng Shui at first. After all, in the West, it's a bit far-fetched to think that people can actually do things to their environment to improve not only the energy around them, but subsequently the energy in their lives as well. Yet it is hard to argue with the fact that we are all energetic beings.

Feng Shui enables us to create healthy, vibrant, comfortable environments, where nature is teacher, helping us with personal direction, clarity, and vitality. It is an environmental system which aligns human energies with those of nature and the universe. And it is when our subtle energies are aligned through such wellness practices, becoming vital, that we thrive. Our sex lives thrive!

For those willing to look beyond the happy, hokey home makeovers for New Age types stereotype, the practice draws them into a totally different world, offering them a whole new life and opportunities. The truth is, Feng Shui is a powerful tool of tried-and-true rules and principles, which can help you reposition certain objects, colors, and elements within your environment to affect positive change in your energy, the energy of those who share your space or whom you invite into your home, and the energy contained in your private quarters.

We know, the scope and seeming intricacies of Feng Shui can be daunting, with many not having the foggiest notion as to how to go about pursuing this over 4,000 year-old method of manipulating and balancing energy. Figuring out which 'improve your home and garden' rules apply to a better sex life and relationship can be a truly head spinning task, especially in light of popular press articles muddling matters further with its own "Happy Meal" version of Feng Shui master bedroom makeovers for better lovin'.

The Sensual Fusion approach strives to weed out all the essential information you need to implement Feng Shui basics for improved intimacy. We cannot stress enough how vital a healthy home environment is to creating a core of positive energy in which to cultivate

opportunity for good sexual connection and to attract positive sensual energy into your life.

Good energy in the bedroom can mean the difference between a satisfying and a non-existent sex life. It's that serious! As all parts of your life are interrelated, the energy carried over into your boudoir from other areas can infiltrate even the most Feng Shui friendly chamber. Thus, we urge you to slowly maneuver your life into a more balanced and opportunity-inviting space with the tips and suggestions in this chapter - let love flow!

The premise of Feng Shui is that we can do things to our environment that create opportunities for the better, ultimately impacting the quality and direction of our lives. Since everything is interrelated and strung together by events leading up to a certain outcome (karma), maintaining an opportunity-friendly environment is an important element in achieving one's fullest potential for happiness and fulfillment. Most Chinese believe that preparation plus opportunity equals success. Feng Shui is the karmic element that can help you to attract the opportunity portion of this formula.

For more information on Feng Shui for your sex life, check out our e-guide – “Sensual Fusion Essentials: Feng Shui Your Sex Life.” This quick and comprehensive read will help you to discover the means a physically, emotionally, spiritually and sexually revitalized chamber of love. Prepare yourself to realize the sort of sensual abundance you've only dreamed of.

**Yvonne K. Fulbright, Ph.D., M.S.Ed.** - Originally from Iceland, sexologist, sex educator, and relationship expert Dr. Yvonne K. Fulbright is the author of several books, including *Touch Me There! A Hands-On Guide to Your Orgasmic Hot Spots* and *The Better Sex Guide to Extraordinary Lovemaking*. Regularly featured in media outlets worldwide, Dr. Yvonne is the “sexpert” columnist and sex expert for Foxnews.com, a regular contributor to disaboom.com, and a professor of human sexuality at Argosy University. She founded Sexuality Source, Inc., a communications and consulting organization specializing in the topics of sex, sexual health, sensuality, and relationships in 2004. For more information on Dr. Yvonne, her projects, and services, visit [www.sexualitysource.com](http://www.sexualitysource.com).

**Danielle Cavallucci:** Co-author of *Your Orgasmic Pregnancy: Little Sex Secrets Every Hot Mama Should Know*, Certified Fitness and Nutrition expert Danielle Cavallucci strives to help others discuss and unleash their fullest potential for joy, health and abundance utilizing the Sensual Fusion model developed with Dr. Yvonne K. Fulbright in 2006. She is a mother, birth mentor, activist, and Reiki Master residing in California.